

Bobcat Express



St. Stephen Middle School

Week of April 12, 2021

Hello SSMS Families,

What glorious weekend weather! I hope that everyone enjoyed some time in the sunshine.

As you are aware, our virtual Parent-Teacher conferences, via Microsoft Teams, are slated for the evening of Tuesday, April 13 (6:00 – 8:30) and the morning of Wednesday, April 14 (8:30 – 11:30). The SSMS bookings page can be found at <https://outlook.office365.com/owa/calendar/StStephenMiddleSchool1@nbed.onmicrosoft.com/bookings/>. Please call the school if you have any questions about this booking system.

This Wednesday evening from 6:00 – 7:00 will be our next Parent School Support Committee meeting. Meetings are held via Microsoft Teams. Thank you to our PSSC Chair, Christina Tarn. Please call the school at 466-7311 to have your email added to the invitation. All are welcome!

As our area remains in the yellow phase of risk, we continue to be vigilant about the safety protocols as outlined by Public Health. Students are reminded to bring two clean community masks to school each day and to wash their hands frequently. Bottles of sanitizer are available in each room of the school. A special thanks to our custodial team who continue to do an excellent job cleaning and sanitizing the school each day. Their ongoing efforts are appreciated.

We look forward to speaking with parents and guardians this week.

Stay safe and well,

Bronwyn Tanner, SSMS Principal

Monday April 12	<ul style="list-style-type: none">• Yellow phase guidelines• Basketball practices: 3:30 – 4:45 (Boys, Gr. 6) & 5:00 – 6:15 (Senior Boys)
Tuesday April 13	<ul style="list-style-type: none">• Basketball practices: 3:30 – 4:45 (Girls, Gr. 6) & 5:00 – 6:15 (Senior Girls)• Virtual Parent/Teacher interviews (6:00 – 8:30)
Wednesday April 14	<ul style="list-style-type: none">• No school for students• Virtual Parent-Teacher interviews (8:30 – 11:30)• PSSC Meeting, 6:00 – 7:00, via Team, all welcome!
Thursday April 8	<ul style="list-style-type: none">• Basketball practices: 3:30 – 4:45 (Senior Girls) & 5:00 – 6:15 (Girls, Gr.6)
Friday April 9	<ul style="list-style-type: none">• Senior Band, Block 2, Theatre• Badminton Club: 3:30 – 4:45



<http://web1.nbed.nb.ca/sites/ASD-S/Pages/Welcom.aspx> All updates and communication from **ASD-S** can be found here.



SSMS Website: <http://web1.nbed.nb.ca/sites/ASD-S/2337/Pages/default.aspx>



Twitter: @SSMS_Bobcats



Counsellor's Corner by Mr. Yost

The Harvard School of Education released a recent study on performing or observing acts of kindness. "Participants were randomly assigned to carry out at least one more kind act than usual for someone close to them, an acquaintance a stranger, or themselves, or try to observe kind acts. Happiness was measured before and after the seven days of kindness. The researchers found that being kind to ourselves or to anyone else - Yes, even a stranger - or actively observing kindness around us boosted happiness."

This research project reminds us that the impacts of kindness go beyond just doing kind acts for the benefit of ourselves or the recipient. Even those around us who only observe an act of kindness gain to benefit from the feelings of happiness that they will receive from that observation. The ripple effects of our acts of kindness can extend beyond our targeted recipient. Although you may never fully understand the full impact of your kindness, consider doing something kind wherever you go and just know that everybody around can benefit!

Please click on one of the icons below to learn about **ParticipACTION** and the **Canadian 24-Hour Movement Guidelines for Children and Youth** (aged 5-17).

Build Your Best Day

Learn about the Canadian 24-Hour Movement Guidelines for Children and Youth (aged 5-17) the fun way with this interactive experience.



SWEAT



STEP



SLEEP



SIT

SSMS Mission

Opening Doors to Opportunities
Challenge. Encourage. Achieve

Ouvrir les portes aux possibilités.
Défier. Encourager. Attendre

SSMS Vision

SSMS commits to providing diverse learning opportunities to
foster productive citizens.

SSMS s'engage à offrir diverses expériences d'apprentissage pur
développer des citoyens responsables et productifs.

Bronwyn Tanner, Principal

Avis Scott, Vice Principal